Faculty of Health Department of Psychology

PSYC 1010 6.0 I: INTRODUCTION TO PSYCHOLOGY

Monday and Wednesday/8:30-11:30/ Online via Zoom Fall 2020

Please note that this is a course that depends on remote teaching and learning. There will be no in-class interactions or activities on campus. The course will be delivered using BOTH synchronous and asynchronous methods. Lectures will be pre-recorded videos. Asynchronous activities will be through the online support of the textbook using LaunchPad. Some synchronous activities (orientation, tests, discussions, activities and Q&A sessions) will be delivered by Zoom during class time on and there is an expectation of participation.

Instructor and T.A. Information

Dr. Heather Jenkin

Office Hours: Class time and by appointment through https://calendly.com/hjenkin-office-hours-psyc

Email: hjenkin@yorku.ca

T.A.	Tasfia Ahsan	Kevin Zhou
Email	ahsant@my.yorku.ca	kevnook@yorku.ca
Office Hours	Class time	Class time
Student Last Name	A - L	M - Z

Students will be assigned to a specific Teaching Assistant alphabetically by the student's last name. This is an administrative decision and is designed simply to facilitate organization in the course. With a large course enrollment, it's important that each student have someone who is familiar with them and their grades etc. The teaching assistant to whom you are assigned will be the person you should visit in their virtual office hours to consult about course material and to inquire about your grades. Your TA's office hours will take place primarily during the course hours.

If you are having trouble with the lectures or the text visit the TA's. The TA's also will be happy to talk with you about improving your study habits and about graduate school in psychology and careers in psychology.

Email (n)etiquette When you email Dr. Jenkin or your TA include your Student ID and full name in the body of your email with the Course number on the subject line (if not, a reply is not guaranteed). Dr. Jenkin will not answer emails regarding issues/questions covered in the course syllabus – read the syllabus before emailing.

Course Prerequisite(s): Course prerequisites are strictly enforced: None Course Credit Exclusions

Please refer to York Courses Website for a listing of any course credit exclusions.

Course website: eClass

All course materials will be available on the course eClass site, unless otherwise indicated by the instructor. The site will be your central access point for course materials such as Lecture Videos, LaunchPad (textbook support) additional web resources.

Technical requirements for taking the course:

Several platforms will be used in this course (e.g., eClass, LaunchPad, Zoom, etc.) through which students will interact with the course materials, the course director / TA, as well as with one another. Please review this syllabus to determine how the class meets (in whole or in part), and how office hours and presentations will be conducted. Students shall note the following:

Zoom is hosted on servers in the U.S. This includes recordings done through Zoom.

- If you have privacy concerns about your data, provide only your first name or a nickname when you join a session.
- The system is configured in a way that all participants are automatically notified when a session is being recorded. In other words, a session cannot be recorded without you knowing about it.

I expect students to participate in this course, (1) through Zoom video conferencing and therefore (2) students may also appear on video (e.g., for tutorial/seminar discussion, etc.). In addition to stable, higher-speed Internet connection, students will need a computer with webcam and microphone, and/or a smart device with these features.

Instructions on how to register to borrow a laptop can be found here: https://computing.yorku.ca/offcampus under the heading "If you don't have a computer at home."

A way to determine Internet connection and speed: there are online tests, such as <u>Speedtest</u>, that can be run. Useful links describing computing information, resources and help for students:

Student Guide to Moodle

Zoom@YorkU Best Practices

Zoom@YorkU User Reference Guide

Computing for Students Website

Student Guide to eLearning at York University

Organization of the course: This online course will be taught remotely in both a synchronous and asynchronous manner. The class time is scheduled on Mondays and Wednesdays between 8:30 and 1:30 (Toronto time: Eastern Time Zone). Zoom sessions, Tests and Office hours will take place during these times as scheduled. Make sure to reserve this time for course activities. Term tests will run on Mondays. On Wednesdays at 8:30 we will open a zoom meeting and run mini lectures/discussions/workshops and/or Q&A sessions with myself and/or the Teaching Assistants. The length of these zoom interactions is still to be determined but probably not more than 45 minutes – or 1 hour with breaks. Office hours with myself and the Teaching Assistants will run by using Calendly (see link above by our names).

There will be course lecture material pre-recorded and uploaded to EClass (see Course Schedule on last page of this syllabus). Important: Not all of the information presented in your textbook text will be covered in the recorded lectures. You are responsible for reading the text (apart from those omissions indicated in the Course Schedule). Lectures are designed to highlight some aspects of the weekly topic and to motivate you to learn. Moreover, some of the lectures will contain information that is not in the textbook and questions pertaining to such information may appear on exams. Any video or other material linked in the course slide or on EClass is subject to examination on the tests.

There will also be offline opportunities to interact with course content through Launchpad — a software package that is accessed with the textbook (see Required Textbook). **This is a double speed course.** It feels as though you are taking two courses at once. There is a **lot of work** and most will be on a quick turnaround so **be aware of due dates.** For example, once a Module Quiz opens on Monday at noon it is due the following Friday at noon. There are Learning curves activities due by 12 noon Sunday before the associated Term Test on a Monday. **No late quiz or activity will be accepted.**

Program Learning Outcomes

Upon completion of this course, students should be able to:

- 1. Define psychology and explain how it meets the criteria of science.
- 2. Recognize key concepts, methods, theories and assumptions in psychology.
- 3. Describe basic characteristics of the scientific method in psychology.
- 4. Discern differences between personal views and scientific evidence.

Specific Learning Objectives

The purpose of this course is to introduce students to the broad field of psychology. In addition, it is hoped that students will develop appropriate study habits and critical thinking skills. Time management and attention to detail will be important skills to bring to this fast-paced course. Participation in the Undergraduate Research Participant Pool (URPP) will expose students to ongoing psychological studies at York University.

Required Text

• Myers, D.G. and DeWall, C. N. (2018) Psychology, 12th Edition in Modules with 12 month Launchpad. Loose leaf, eBook or hardcover acceptable but should be 12th Edition in Modules and come with Launchpad.

Course Requirements and Assessment:

Assessment	Date of Evaluation	Weighting
Online activities	Weekly throughout term	10%
Test 1	Monday September 28, 2020	22%
Test 2	Monday October 26, 2020	22%
Test 3	Monday November 16, 2020	22%
Test 4	Monday December 7, 2020	20%
Optional evaluation	Fall exam period	Replace one zero test score
URPP	December 7, 2020	4%
Total		100%

Description of Assignments

Online Launchpad Learning Curves – there will be several of these, the first is a demonstration one and not
evaluated BUT you must complete it so that you can practice accessing the course information through
Launchpad. During the term you will work through the 48 Learning curves. We expect you to complete at least
36 for full credit, therefore you can miss a few if needs be. These are due in four groups - the day before the
associated Term Test at 12 noon.

Sunday Sept 27 12:00	Content of Term Test 1	Modules 1-12
Sunday Oct 25 12:00	Content of Term Test 2	Modules 13-25,
Sunday Nov 15 12:00	Content of Term Test 3	Modules 26, 27,32, 33, 35-37, 39-44
Sunday Dec 6 12:00	Content of Term Test 4	Modules 45-55

The Launchpad learning curves are worth a maximum of 3% of your grade.

- 2. Online Launchpad Module Quizzes We will count your best 36 Quizzes. Module Quizzes opens at 12 noon on Monday the week when the course content is discussed and closes at 12 noon on the Friday of that same week. You have one attempt for each Quiz. The 36 Module Quizzes are worth a maximum of 7% of your grade.
- 3. Four term tests will be held in during our class time on Mondays. Tests are non-cumulative and have both multiple choice and short answer questions. Make sure to note the dates and plan to be able to complete ALL tests at the assigned time. There are NO MAKEUPS for missed tests. The 4 tests are worth 86% of your grade. If you miss a test you will score zero for that test. The optional cumulative short answer final can be used to replace one such zero score, or your lowest score if you complete all four tests in the term.
- 4. Students in this course have an opportunity to earn up to 4% of their final grade by participating in online research as part of the Undergraduate Research Participant Pool (URPP. For information on this, see http://www.psych.yorku.ca/urpp/)

If you do not want to participate in research, you may opt to submit a 3-page paper summarizing a psychology research article that will be assigned to you. This option is referred to as the Paper Stream. Students who wish to choose this option must email the URPP office before October 19th, further instructions will be obtained

once the request is submitted. Acceptable papers will earn up to 4% toward their final grade. The Paper Stream deadline is December 13th. 2020. Appeals week is December 17th – December 19th, 2020

IMPORTANT - To continue taking upper year Psychology courses you MUST pass this course with a grade or 60% or better. I only asses 96% of your course grade as 4% comes from URPP. Be aware that if you DO NOT complete URPP and score 60% on ALL other components you will end the course with 57.6%

Class Format and Attendance Policy

When we have scheduled Zoom sessions I expect attendance. These will be scheduled in class time on Wednesdays and will usually be 45 minutes or less. During this time we will run polling with iClicker to see where students' knowledge is and respond with further discussion/ examples and activities to support the online lectures. These will be a social and hopefully fun time for us all. We hope to build the sense of community we will be missing due to this remote teaching experience.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+=9, A=8, B+=7, C+=5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+=90 to 100, A=80 to 89, B+=75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar - <u>Grading Scheme for</u> 2020-21

Missed Tests/Midterm Exams/Late Assignment:

Students who miss a test or final exam must contact the **T.A.** by email **within 24 hours** of the original test or exam. If you cannot contact the T.A. during this 24-hour period, subsequent documentation accounting for the delay **must** be provided.

HH PSYC: Missed Tests/Exams Form. Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment. For any missed quiz or late assignment, students MUST complete the online form (see above link) which will be received and reviewed in the Psychology undergraduate office. At this time, due to COVID-19 an Attending Physician's Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided.

In addition, to the online form, a student's documented reason for a missed test must be submitted. Tests/exams missed due to **non-medical circumstances** must be supported by appropriate documentation, i.e., death certificates, obituary notice, automobile accident reports, airline/bus ticket/receipt for emergency travel (with date of booking on ticket), etc. Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure, and return dates. **Having to work at the time of a test is not considered a valid excuse for missing the test.**

IMPORTANT NOTE: Only extremely unusual circumstances would warrant a second chance **if you miss two** term tests. It would be in your best interests to drop or withdraw from the course if you have long term health issues. Permission from the **course instructor** is required before any accommodation can be determined. Further extensions or accommodation will require students to submit a formal petition to the Faculty.

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the <u>Refund Tables</u>.

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system. After that date, you must contact the professor/department offering the course to arrange

permission. You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Add/Drop Deadlines

For a list of all important dates pl ease refer to: Fall/Winter 2020-21 Important Dates

	Fall (F)	Year (Y)	Winter (W)
Last date to add a course without permission of instructor	Sept 22.	Sept 22.	Jan. 25
(also see Financial Deadlines)			
Last date to add a course with permission of instructor (also	Oct. 6	Oct. 27	Feb. 8
see Financial Deadlines)			
Drop deadline: Last date to drop a course without receiving a	Nov. 6	Feb. 5	March 12
grade (also see Financial Deadlines)			
Course Withdrawal Period (withdraw from a course and	Nov. 7-Dec. 8	Feb. 6 – April	March 13-April
receive a grade of "W" on transcript – see note below)		12	12

Calumet and Stong Colleges' Student Success Programming

<u>Calumet</u> and <u>Stong</u> Colleges aim to support the success of Faculty of Health students through a variety of <u>free</u> **programs** throughout their university career:

- <u>Orientation</u> helps new students transition into university, discover campus resources, and establish social and academic networks.
- <u>Peer Mentoring</u> connects well-trained upper-year students with first year and transfer students to help them transition into university.
- <u>Course Representative Program</u> aims to build the leadership skills of its course reps while contributing to the academic success and resourcefulness of students in core program classes.
- <u>Peer Assisted Study Sessions (P.A.S.S.)</u> involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are known to be historically challenging.
- <u>Peer Tutoring</u> offers one-on-one academic support by trained peer tutors.
- Calumet and Stong Colleges also support students' <u>Health & Wellness</u>, <u>leadership and professional skills development</u>, <u>student/community engagement and wellbeing</u>, <u>career exploration</u>, <u>Indigenous Circle</u>, <u>awards and recognition</u>, and provide opportunities to students to work or volunteer.
- Please connect with your Course Director about any specific academic resources for this class.
- For additional resources/information about our student success programs, please consult our <u>website</u>, email <u>scchelp@yorku.ca</u>, and/or follow us on <u>Instagram</u> and <u>Facebook</u>.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with *Student Accessibility Services (SAS)* to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible in the term if you

anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.

https://accessibility.students.yorku.ca/

Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities:

Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with
respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable
and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the
academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in
academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: York University Academic Accommodation for Students with Disabilities Policy.

Academic Accommodation for Religious Observance

York University is committed to respecting the religious beliefs and practices of all members of the community and making accommodations for observances of special significance. If any test date poses a problem for you with regard to your Religious Observance please inform Dr. Jenkin at least two weeks before the test. Alternative tests dates will be arranged. You should complete a Religious Accommodation Form available at:

https://secure.students.yorku.ca/pdf/religious-accommodation-agreement-final-examinations.pdf Further information is available at the <u>Senate Guidelines for Religious Observance</u>

Electronic Device Policy

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination unless the tests/exams are open-book.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with <u>Information about the Senate Policy</u> on Academic Honesty.

It is recommended that you review Academic Integrity by completing the <u>Academic Integrity Tutorial</u> and <u>Academic Honesty Quiz</u>

In this course, we strive to maintain academic integrity to the highest extent possible. Breaches of academic integrity range from cheating (i.e., the improper crediting of another's work, the representation of another's ideas as your own, etc.) to aiding and abetting (helping someone else to cheat). All breaches in this course will be reported to the appropriate university authorities, and can be punishable according to the <u>Senate Policy on Academic Honesty</u>.

Information on Plagiarism Detection

Always write your own work on any work submitted for grade. Academic Integrity is treated very seriously in the Department.

To promote academic integrity in this course, students will be normally required to submit their written Short Answers on a test to Turnitin (via the course Moodle website) for a review of textual similarity and the detection of possible plagiarism. In so doing, students will allow their material to be included as source documents in the Turnitin.com reference database, where they will be used only for the purpose of detecting plagiarism. The terms that apply to the University's use of the Turnitin service are described on the Turnitin.com website. Also our Teaching Assistants are excellent observers as they mark answers in detecting lifts from the text eBook and other sources.

Audio-visual recordings

Photographs, video and audio recordings are **"records"** as defined in the *Freedom of Information and Protection of Privacy Act* (FIPPA). The information contained in them is considered "personal information" when they contain "recorded information about an identifiable individual. Our course Zoom interactions that are recorded:

- 1) my pre-recorded lectures and recorded Zoom interactions should be used for educational purposes only and as a means for enhancing accessibility;
- 2) students do not have permission to duplicate, copy and/or distribute any of the recordings outside of the class (these acts can violate not only copyright laws but also <u>FIPPA</u> and intellectual property rights); and
- 3) all recordings will be destroyed after the end of classes.

Course Materials Copyright Information

These course materials are designed for use as part of the PSYC1010l course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law. In the past, such course materials have been posted to external, public websites. **Do not do this with materials I provide for this course PSYC1010l without my explicit permission.**

Generally, in the absence of another agreement, instructors at York University own the intellectual property to the teaching materials they create. Students wishing to reuse instructor-created content must either request permission from the instructor or limit their use to one of the "user rights" set out in the Copyright Act. In most cases, copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. Intellectual Property Rights Statement.

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

Course Schedule

DATE	REQUIRED READINGS	
Sept 9	Welcome and Zoom Orientation	
	Student Preface; Module 1; Appendices A, B and C	
Sept 14 and 16	Thinking critically with Science; Biology of Mind Readings	
	– Modules 2 - 6	
Sept 21 and 23	Consciousness; Nature, Nurture and Diversity Readings	
	– Modules 7 – 12	
Monday Sept 28	Test 1 (22%) based on all preceding content	
Sept 30	Development	
30pt 30	Readings – Modules 13 – 16	
Oct 5 and Oct 7	Sensation and Perception Readings	
	– Modules 17 – 19	
Oct 12 and 14	No class (Reading Week)	
Oct 19 and 21	Learning; Memory	
	Readings – Modules 20 - 25	
Monday Oct 26	Test 2 (22%) based on all content since Test 1	
October 28	Thinking and Language; Readings	
0000001 20	- Module 26-27	
	Motivations; Emotions	
Nov 2 and Nov 4	Readings - Modules 32, 33 and 35; Modules 36 – 37	
	Note: omit Modules 28 - 31 and Modules 34 and 38	
November 6	Last day to drop without receiving a grade.	
Nov 9 and 11	Stress and Health; Social Psychology Readings	
	- Modules 39-44	
Monday Nov 16	Test 3 (22%) based on all content since Test 2	
Nov 18	Personality	
	Readings – Modules 45-47	
Nov 23 and 25	Psychological Disorders	
	Readings – Modules 48 -52	
Nov 30 and Dec 2	Therapy	
	Readings – Modules 53 – 55	
Monday Dec 7	Test 4 (20%) based on all content since Test 3	
TBD (Date set by RO) Dec	Optional Final Exam (replaces ONE zero test score) based on all course	
9-23	content please notify by email before Dec 8, 2020 hjenkin@yorku.ca	